FIRST AID FOR CHOKING

CHOKING IS SIGNALED BY AN INABILITY TO SPEAK, COUGH, OR BREATHE.

1. GIVE 5 BACK BLOWS
2. GIVE 5 ABDOMINAL THRUSTS

ADULT

1. Give 5 back blows
2. Give 5 abdominal thrusts

INFANT

1. Alternate 5 back blows and 5 abdominal thrusts
2. Call 911